**Team LoCo Motion 2016-2017 Practice 7 – FOUNDERS CUP**

**April 1, 2017 – 8am to 10am**

**Equipment Needed:**

4 22LR Pistols First Aid Kit

Founders Cup Scoresheets GO FAST!, dueling tree & extra 12” target w/stand

Safety Glasses Box of Ear Plugs

Coach Clipboards 3 Ammo Cans with Timers/Cleaning Supplies

6 White Baseball Caps 3 Dozen Eggs (24 hard boiled, 12 raw)

**Schedule:**

7:40-7:50 Setup

7:50-8:00 Arrival – Greeting

8:00-8:10 Range safety briefing (Team Captain)

8:10-9:35 Divide into 3 squads for 6 Founders Cup events

9:35-9:50 Clean Up – police brass and put away steel targets

9:50-10:00 Announcements & Certificate Presentation – Dismissal

*Assumptions: We will have 14 athletes participating*

Divide kids into three squads:

* Squad 1 – **Michael Soltis**, Creese, DeBow, Nutzman, B., Shipley, J.
* Squad 2 – **Adam Jardines**, Soltis, A., Soltis, B., Whisenant
* Squad 3 – **Ethan Jardines**, Coleman, Eager, O’Mara, Shipley, H.

We will use the 15 and 50-yard ranges, Go Fast!, at the 15, dueling tree and sniper on the 50. The picnic tables under the range tarps will be for reloading.

**Go Fast!:** 15-yard range, standard configuration but athletes will shoot with a GSG522 with red dot optics. Athletes will shoot 3 strings and be graded in the normal manner. We will use the 4 fastest times from each squad for points. 1st place = 25pts, 2nd place = 15 pts, 3rd place = 5pts. *Staff = Eager & Shipley*

**Dueling Tree:** 50-yard range, left-hand side, 11 yards from range canopy. 2 shooters from opposing squads will face off with one 10-round magazine each. First person to shoot all plates over to opponent’s side or the person with the least amount of plates on their side after 1 minute wins. Points are awarded for each hit and 5 bonus points for the winner. *Staff = Musser & Coleman*

**Sniper:** 50-yard range, right-hand side, 25 yards from the canopy. Each shooter will have one 10-round magazine to shoot at a lone 12” round plate using a Browning Buck Mark URX. 1 point is award for each hit over a maximum of 2 minutes. *Staff = Walker*

**Mag Loading:** Picnic tables near pond. Each squad will be given one magazine per squad member and 10 rounds. Fastest squad to top their magazines wins. *Staff = Jardines*

**Brass Pick Up (2nd to last event):** All squads at the 15-yard range with a bucket each. Squad with the highest number of cases wins. *Staff: Any Available Volunteer*

**Egg Russian Roulette (last event):** Each squad leader will face off against one coach. Competitors will be given a carton with a dozen eggs, 8 of which are hardboiled the rest raw. The squad leader will select first. Once the egg is selected, the competitor will proceed to break the egg over his head. First one to break two raw eggs looses. Competitors will be given a hat to keep the egg out of their hair. *Coaches: Jardines, Eager and Shipley*